

Parish of St. Thomas, Apostle & Martyr, Ipswich

30th May 2021 - Trinity Sunday

Collect:

Holy God, faithful and unchanging: enlarge our minds with the knowledge of your truth, and draw us more deeply into the mystery of your love, that we may truly worship you, Father, Son and Holy Spirit, one God, now and forever. **Amen.**

Psalm 29

1 Ascribe to the Lord, O heavenly beings, ascribe to the Lord glory and strength.
2 Ascribe to the Lord the glory of his name; worship the Lord in holy splendour.
3 The voice of the Lord is over the waters; the God of glory thunders, the Lord, over mighty waters.
4 The voice of the Lord is powerful; the voice of the Lord is full of majesty.
5 The voice of the Lord breaks the cedars; the Lord breaks the cedars of Lebanon.
6 He makes Lebanon skip like a calf, and Sirion like a young wild ox.
7 The voice of the Lord flashes forth flames of fire.



8 The voice of the Lord shakes the wilderness; the Lord shakes the wilderness of Kadesh.
9 The voice of the Lord causes the oaks to whirl, and strips the forest bare; and in his temple all say, 'Glory!'
10 The Lord sits enthroned over the flood; the Lord sits enthroned as king for ever.
11 May the Lord give strength to his people! May the Lord bless his people with peace!

A reading from the book of Romans 8.12-17

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh— for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, 'Abba! Father!' it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him.

This is the word of the Lord. Thanks be to God.

Hear the gospel of our Lord Jesus Christ according to John (3.1-17)

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things?

'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

This is the gospel of the Lord. Praise to you, O Christ.

Notices:

Church-sitting: we are looking for more people to do regular church-sitting while we are open for prayer on Mondays & Thursdays 11.30-1.30. We are no longer restricting this to under-70s, it is open to anyone able and willing! If you can commit to one or both hours regularly, please speak to Alison or Rev Cat.

Charity giving: as we have done in previous years we have allocated 2% of our income to go to charity. If you have any suggestions of local, national and international charities you will like us to donate to then please send them to Lucy (lucydrake22@gmail.com) by **Monday 31st May (tomorrow)**.

Baby Bank: the Suffolk baby bank we are hosting in the community room would welcome donations of tinned potatoes, instant mash, and dried/long-life milk.

Booking for in-person services: Sunday services must be booked into—we email out a booking form every week. To book by phone, call **01473 742973** and leave a message saying your name, which service you are booking for, and how many (including yourself) you are booking for.

Dates For Your Diary:

13th June: Revd. Canon Jutta coming to preach and speak about the WITH Community.

27th June: Baptism and Confirmation service with Bishop Martin

4th July: Patronal Festival (hopefully with our traditional BBQ!)

2nd August 7.30pm: Licensing of Revd. Rachel Revely



Haydn Corken (31st May)
June Baker (1st June)

This Week:

Sunday 30th May (Trinity Sunday)

10am: Eucharist with Facebook livestream (Bishop Martin preaching)

Monday 31st May (Bank Holiday)

Tuesday 1st June

6.30-7.10pm: Zoom Meditation Group. Contact Lucy for details & link: lucydrake22@gmail.com

Wednesday 2nd June

10am: Eucharist

7pm: PCC Meeting on Zoom

Thursday 3rd June

11.30-1.30: Church open for prayer

Sunday 6th June (Trinity 1)

10am: Eucharist with Facebook livestream

Please pray for:

Those with chronic or long-term illness: Rosemary, Eric Dickerson, Jenny, Andrew Barfield, Kathy Steele, Andrew, Peggy, Margaret Christian, Natacha, Katie, Rex & Jill, Christine, Stephen, Samantha, Theresa

Those undergoing treatment or currently ill: Gloria Elmer, Leslie Bloomfield, Roger Dickerson, Vicky & Matt, Dagmar, Roy, Kenneth Leek, Angela, Helen Pratt, Timothy

Those who have recently died, and their families mourning their loss.

Church website:

<http://stthomasipswich.org.uk/>

Sunday Worship & other Worship resources on the Church Facebook page:

<https://www.facebook.com/stthomasipswich/>

Contacts:

Acting Priest-in-charge: Revd Cat Connolly

m: 07530 412988

Email: revcatconnolly@gmail.com

Cat's day off: Mondays

Lay Evangelist: Malcolm Gibbs **m:** 07906 663530

Director of Music: Simon Clark BA (Hons) ^{FLCM ARCO}

m: 07961 859344 **Email:** [sussexi@aol.com](mailto:susseksi@aol.com)

Church wardens: Roger Elmer **m:** 07810 274586

Stephen Marginson 01473 258791

If you would like to chat, you could also ring:

Mary Bullass 625135

Gloria Elmer 745590

Rev Jackie 07962 172639

Rev Pat 464748

Rev Canon Chris 462109