

## Coming Up This Week:

**Sunday 20th February (2 before Lent)**

**10am:** Eucharist with Facebook livestream

**Monday 21st February**

**11.30-1.30:** Church open for prayer

**Tuesday 22nd February**

**9.30am:** Morning Prayer

**6.30pm:** Zoom Meditation Group.

Contact Lucy for details:

[lucydrake22@gmail.com](mailto:lucydrake22@gmail.com)

**Wednesday 23rd February**

**10am:** Eucharist

**7pm:** Alpha Course

**Thursday 24th February**

**9.30am:** Morning Prayer

**11.30-1.30:** Church open for prayer

**Saturday 26th February**

**10.30am:** Messy Church

**Sunday 27th February (1 before Lent)**

**8.15am:** BCP Eucharist

**8.45-9.30am:** Breakfast

**10am:** Eucharist with band & livestream

## Birthdays This Week:

★ Nathan Elwis (21st)

★ Emma Knight (22nd)

★ Carol Brown (25th)

*Many happy returns from all at St. Thomas!*

## Please Pray For:

Rosemary, Eric, Jenny, Andrew, Peggy, Margaret, Natacha, Samantha, Theresa, Gloria, Angela, Helen, Pat, Ezra, Eddie, Andrew C., Betty, Muriel M., Lyra

**Those who have recently died, and their families mourning their loss:**

Sam



## St. Thomas the Apostle & Martyr, Ipswich

**20th February 2022—2nd Sunday Before Lent**

### Collect:

Almighty God, give us reverence for all creation and respect for every person, that we may mirror your likeness in Jesus Christ our Lord. **Amen.**

### A reading from the Epistle to the Galatians 3.19-29

Why then the law? It was added because of transgressions, until the offspring would come to whom the promise had been made; and it was ordained through angels by a mediator. Now a mediator involves more than one party; but God is one.

Is the law then opposed to the promises of God? Certainly not! For if a law had been given that could make alive, then righteousness would indeed come through the law. But the scripture has imprisoned all things under the power of sin, so that what was promised through faith in Jesus Christ might be given to those who believe.

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

**This is the word of the Lord. Thanks be to God.**

### Contacts:

**Priest in Charge:** Revd Rachel Revely  
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*Rachel's days off: Fridays and Saturdays*

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*Cat's day off: Mondays*

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*John's Parish days: Weds/Thurs*

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**Church wardens:**

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## Hear the Gospel of our Lord Jesus Christ according to Luke (8.22-25)

One day he got into a boat with his disciples, and he said to them, 'Let us go across to the other side of the lake.' So they put out, and while



they were sailing he fell asleep. A gale swept down on the lake, and the boat was filling with water, and they were in danger. They went to him and woke him up, shouting, 'Master, Master, we are perishing!' And he woke up and rebuked the wind and the raging waves; they ceased, and there was a calm. He said to them, 'Where is your faith?' They were afraid and amazed, and said to one another, 'Who then is this, that he commands even the winds and the water, and they obey him?'

**This is the gospel of the Lord. *Praise to you, O Christ.***

### Post Communion Prayer

God our creator, by your gift the tree of life was set at the heart of the earthly paradise, and the bread of life at the heart of your Church: may we who have been nourished at your table on earth be transformed by the glory of the Saviour's cross and enjoy the delights of eternity; through Jesus Christ our Lord. **Amen.**

## NOTICES

**Lent:** there will be a new leaflet out next week with details of our Lent programmes.

**Funding Appeal:** Enormous thanks to everyone who contributed to our Funding Appeal in December or January. Thanks to your generosity we have received £5,370 which, with Gift Aid, will make a magnificent total of £6,508. We haven't yet finalised the 2021 accounts but this will get very close to covering the deficit we thought we were facing and put us in a strong position to move forward into 2022.

**Alpha Course:** Alpha is currently running each Wednesday at 7pm. Please come and invite your friends. Come along and help, and offers of food would be most appreciated.

**We are creating a St Thomas video diary for Lent and we need your help! Please send your video to Rachel by 20th February.**

**Messy Church:** our next session is Saturday 26th February at 10.30am! The theme is "Who is God?" —please do come along for some crafting, stories and food.

**Bible Study:** starts at 7pm on 28th February, we are looking at the Gospel of Luke. We are meeting in person in the vicarage. It will last 5 weeks. Talk to Rachel if you would like to know more.

**Pancake Supper** is happening at 6pm on 1st March! It will be delicious! Please come along for food, fellowship and fun.

**Ash Wednesday:** 2nd March we will be having two Ash Wednesday services one at 10am and one at 7pm. This marks the start of Lent and our journey towards Easter.

**World Day of Prayer** is on the 4th March at Castle Hill at 2pm.

**Quiet Day:** on 12th March at St. Nicholas, Old Felixstowe.

**Imagine Sunday:** 13th March we are having our Imagine Sunday, where we think about and pray about ours and God's vision for the parish. This will be after the service.