

Coming Up This Week:

Sunday 13th March (Imagine Sunday)

10am: Eucharist with Facebook livestream, followed by lunch

Monday 14th March

11.30-1.30: Church open for prayer

4.15pm: STPC Evening Prayer—contact Malcolm for more details

7pm: Bible Study (Vicarage)

Tuesday 15th March

9.30am: Morning Prayer

6.30pm: Zoom Meditation Group.

Contact Lucy for details:
lucydrake22@gmail.com

Wednesday 16th March

10am: Eucharist

7pm: Alpha

Thursday 17th March

9.30am: Morning Prayer

11.30-1.30: Church open for prayer

Sunday 20th March (Lent 3)

10am: Eucharist with Facebook livestream

Birthdays This Week:

- ★ Eleanor Rudge (16th)
- ★ Luke Brueck Seeley (18th)
- ★ Keith Brisland (19th)

Many happy returns from all at St. Thomas!

Please Pray For:

Rosemary, Eric, Jenny, Andrew, Peggy, Margaret, Natacha, Samantha, Theresa, Gloria, Angela, Helen, Pat, Eddie, Andrew C., Betty, Muriel M., Linda

Those who have recently died, and their families mourning their loss:

Sam, Edwin Scott



St. Thomas the Apostle & Martyr, Ipswich

13th March 2022—Imagine Sunday

Collect:

Almighty God, by the prayer and discipline of Lent may we enter into the mystery of Christ's sufferings, and by following in his Way come to share in his glory; through Jesus Christ our Lord. **Amen.**

Psalm 27

¹ The Lord is my light and my salvation; whom shall I fear?

The Lord is the stronghold of my life; of whom shall I be afraid

² When evildoers assail me to devour my flesh— my adversaries and foes— they shall stumble and fall.

³ Though an army encamp against me, my heart shall not fear; though war rise up against me, yet I will be confident.

⁴ One thing I asked of the Lord, that will I seek after: to live in the house of the Lord all the days of my life, to behold the beauty of the Lord, and to inquire in his temple.

⁵ For he will hide me in his shelter in the day of trouble; he will conceal me under the cover of his tent; he will set me high on a rock.

⁶ Now my head is lifted up above my enemies all around me, and I will offer in his tent sacrifices with shouts of joy; I will sing and make melody to the Lord.

⁷ Hear, O Lord, when I cry aloud, be gracious to me and answer me!

⁸ 'Come,' my heart says, 'seek his face!' Your face, Lord, do I seek.

⁹ Do not hide your face from me. Do not turn your servant away in anger, you who have been my help. Do not cast me off, do not forsake me, O God of my salvation!

Contacts:

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¹⁰ If my father and mother forsake me, the Lord will take me up.

¹¹ Teach me your way, O Lord, and lead me on a level path because of my enemies.

¹² Do not give me up to the will of my adversaries, for false witnesses have risen against me, and they are breathing out violence.

¹³ I believe that I shall see the goodness of the Lord in the land of the living.

¹⁴ Wait for the Lord; be strong, and let your heart take courage; wait for the Lord!

This is the word of the Lord. *Thanks be to God.*

Hear the Gospel of our Lord Jesus Christ according to Luke (13.31-end)

At that very hour some Pharisees came and said to him, 'Get away from here, for Herod wants to kill you.' He said to them, 'Go and tell that fox for me, "Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed away from Jerusalem." Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, "Blessed is the one who comes in the name of the Lord."'

This is the gospel of the Lord. *Praise to you, O Christ.*

Post Communion Prayer

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in

our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. **Amen.**

NOTICES

Imagine Sunday: today we are having our Imagine Sunday, where we think about and pray about ours and God's vision for the parish. This will be after the service, with lunch provided.

Prayer Vigil: we are holding a prayer vigil on 17th March at 7pm for the Ukraine/Russia situation.

Quiet Day: thank you to Jackie for leading the Quiet Day!

Cat's last service: this will be on 24th April at 10am.

Lent: for Lent events and services, please see our separate flyer.

Alpha Course: Alpha is currently running each Wednesday at 7pm. Please come and invite your friends. Come along and help, and offers of food would be most appreciated.

We are creating a St Thomas video diary for Lent and we need your help! Please send your video to Rachel as soon as possible!

Bible Study: starts at 7pm on 28th February, we are looking at the Gospel of Luke. We are meeting in person in the vicarage. It will last 5 weeks. Talk to Rachel if you would like to know more.

