

Coming Up This Week:

Sunday 6th March (Lent 1)

10am: Eucharist with Facebook livestream

Monday 7th March

11.30-1.30: Church open for prayer

7pm: Bible Study (Vicarage)

Tuesday 8th March

9.30am: Morning Prayer

6.30pm: Zoom Meditation Group.

Contact Lucy for details:

lucydrake22@gmail.com

Wednesday 9th March

10am: Eucharist

7pm: Alpha

Thursday 10th March

9.30am: Morning Prayer

11.30-1.30: Church open for prayer

Saturday 12th March

10am: Quiet Day at St. Nicholas, Old Felixstowe

Sunday 13th March (Imagine Sunday)

10am: Eucharist with Facebook livestream, followed by lunch

Birthdays This Week:

★ Ellen (12th)

★ Conrad Lowe (12th)

Many happy returns from all at St.

Thomas!

Please Pray For:

Rosemary, Eric, Jenny, Andrew, Peggy, Margaret, Natacha, Samantha, Theresa, Gloria, Angela, Helen, Pat, Ezra, Eddie, Andrew C., Betty, Muriel M., Lyra, Linda

Those who have recently died, and their families mourning their loss:

Sam, Edwin Scott



St. Thomas the Apostle & Martyr, Ipswich

6th March 2022—1st Sunday In Lent

Collect:

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

A reading from the Book of Romans 10.8b-13

But what does it say?

'The word is near you, on your lips and in your heart'

(that is, the word of faith that we proclaim); because if you

confess with your lips that

Jesus is Lord and believe in your heart that God raised

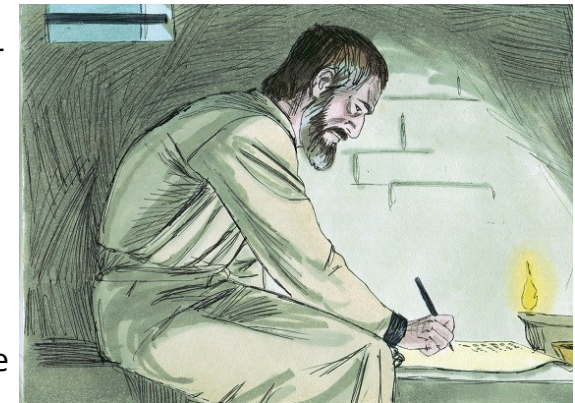
him from the dead, you will be saved. For one believes with

the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be

put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be

saved.'

This is the word of the Lord. *Thanks be to God.*



Contacts:

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Hear the Gospel of our Lord Jesus Christ according to Luke (4.1-13)

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was

tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."'

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."'



Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so



that you will not dash your foot against a stone."'

Jesus answered him, 'It is said, "Do not put the Lord your God to the test."' When the devil had finished every test, he departed from him until an opportune time.

This is the gospel of the Lord. *Praise to you, O Christ.*

Post Communion Prayer

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen.**

NOTICES

Lent: for Lent events and services, please see our separate flyer.

Alpha Course: Alpha is currently running each Wednesday at 7pm. Please come and invite your friends. Come along and help, and offers of food would be most appreciated.

We are creating a St Thomas video diary for Lent and we need your help! Please send your video to Rachel as soon as possible!

Bible Study: starts at 7pm on 28th February, we are looking at the Gospel of Luke. We are meeting in person in the vicarage. It will last 5 weeks. Talk to Rachel if you would like to know more.

Imagine Sunday: next week we are having our Imagine Sunday, where we think about and pray about ours and God's vision for the parish. This will be after the service, with lunch provided.

