

Coming Up This Week:

Sunday 19th June (Corpus Christi)

10am: Eucharist with Facebook livestream

Monday 20th June

11.30-1.30pm: Open Church

Tuesday 21st June

9.30am: Morning Prayer

6.30pm: Zoom Meditation Group.

Contact Lucy for details:

lucydrake22@gmail.com

Wednesday 22nd June

10am: Eucharist

7.30pm: Church Wardens' swearing-in at Rushmere St Andrew's with AD Rhiannon

Thursday 23rd June

9.30am: Morning Prayer

11-2pm: Good Things Café

Sunday 26th June (Trinity 2)

10am: Eucharist with Facebook livestream

Birthdays This Week:

- ★ Susan Dickerson (20th)
- ★ Smah Ndlovu (21st)
- ★ Harrison Corken (25th)

Many happy returns from all at St. Thomas!



Please Pray For:

Rosemary, Jenny, Andrew, Margaret, Natacha, Samantha, Theresa, Gloria, Angela, Helen, Pat, Eddie, Andrew C., Betty, Muriel M., Linda, Nigel, Myrtle, Joan, Cathy, Elizabeth, Victoria, Tina, Meghan and Eleanor, Siouxsie

Those who have recently died, and their families mourning their loss:

Peggy, Eric, Baby Marcus

Contacts:

Priest in Charge: Revd Rachel Revely
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Rachel's days off: Fridays and Saturdays

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John's Parish days: Weds/Thurs

Lay Evangelist: Malcolm Gibbs

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Director of Music: Simon Clark BA

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Treasurer: Lucy Drake

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Church wardens:

Roger Elmer m: 07810 274586

Stephen Marginson 01473 258791

St. Thomas the Apostle & Martyr, Ipswich

19th June 2022—Corpus Christi

Collect:

Lord Jesus Christ, we thank you that in this wonderful sacrament you have given us the memorial of your passion: grant us so to reverence the sacred mysteries of your body and blood that we may know within ourselves and show forth in our lives the fruits of your redemption; for you are alive and reign with the Father in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Psalm 116.10-17

How shall I repay the Lord for all the benefits he has given to me?

I will lift up the cup of salvation and call upon the name of the Lord.

I will fulfil my vows to the Lord in the presence of all his people.

Precious in the sight of the Lord is the death of his faithful servants.

O Lord, I am your servant, your servant, the child of your handmaid; you have freed me from my bonds.

I will offer to you a sacrifice of thanksgiving and call upon the name of the Lord.

I will fulfil my vows to the Lord in the presence of all his people, In the courts of the house of the Lord, in the midst of you, O Jerusalem.

Alleluia.



A reading from Paul's first letter to the Corinthians (11.23-26)

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, 'This is my body that is for you. Do this in remembrance of me.' In the same way he took the cup also, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

This is the word of the Lord. Thanks be to God.

Hear the Gospel of our Lord Jesus Christ according to John (6.51-58)

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'



The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the gospel of the Lord. Praise to you, O Christ.

Post Communion Prayer

All praise to you, our God and Father, for you have fed us with the bread of heaven and quenched our thirst from the true vine:
hear our prayer that, being grafted into Christ, we may grow together in unity and feast with him in his kingdom; through Jesus Christ our Lord.
Amen.



NOTICES

Archdeacon's visitation at Rushmere: This Wednesday 22nd June is the Archdeacon's visitation at Rushmere St. Andrew's at 7:30pm. This is where our fabulous church wardens are sworn in for the year. Please do join us to support them!



Youth Art Workshop: Any 12-19 year olds who would like to come along to St. Francis Church to join in an acrylic paint pouring workshop, please speak to Rachel. It will run for three weeks on 29th June, 6th and 13th July from 3:30 to 5pm.

Patronal Festival: mark the date—Sunday 3rd July is our patronal festival! There will be a BBQ after the service. This is the day when we celebrate our wondrous community life!

The Summer Fayre will be on 9th July, please talk to Mary or Alison about running a stall.

Charity Donations: As in previous years we will be donating 2% of our last year's total PCC income (£1,200) to a mix of local, national and international charities as nominated by members of the congregation. If you would like to nominate one or more charities please tell Lucy Drake by the end of June, contact details on next page.



Minutes of PCC Meeting: these are up on the notice board by the door.

Good Things Café: every Thursday between 11am and 2pm in Church.

