

Coming Up This Week:

Sunday 17th July (Trinity 5)

10am: Eucharist with Facebook livestream

Monday 18th July

11.30-1.30pm: Open Church

Tuesday 19th July

9.30am: Morning Prayer

6.30pm: Zoom Meditation

Group. Contact Lucy for details:

lucydrake22@gmail.com

Wednesday 20th July

10am: Eucharist

7pm: PCC Meeting

Thursday 21st July

9.30am: Morning Prayer

11-2pm: Good Things Café

Sunday 24th July (Trinity 6)

10am: Eucharist with Facebook livestream

Birthdays This Week:

★ Kurt Lowe (23rd)

★ Joanne Goddard (23rd)

Many happy returns from all at St. Thomas!

Please Pray For:

Rosemary, Jenny, Andrew, Margaret, Natacha, Samantha, Theresa, Gloria, Angela, Helen, Pat, Eddie, Andrew C., Betty, Muriel M., Linda, Nigel, Myrtle, Joan, Cathy, Elizabeth, Victoria, Tina, Meghan and Eleanor, Siouxsie, Jeff

Those who have recently died, and their families mourning their loss:

Baby Marcus, Sandra, Yogesh



St. Thomas the Apostle & Martyr, Ipswich 17th July 2022—Fifth Sunday after Trinity

Collect:

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

A reading from the Book of Genesis (18.1-10a)

The Lord appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, 'My lord, if I find favour with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant.' So they said, 'Do as you have said.' And Abraham hastened into the tent to Sarah, and said, 'Make ready quickly three measures of choice flour, knead it, and make cakes.' Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who

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hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

They said to him, 'Where is your wife Sarah?' And he said, 'There, in the tent.' Then one said, 'I will surely return to you in due season, and your wife Sarah shall have a son.' And Sarah was listening at the tent entrance behind him.

This is the word of the Lord. *Thanks be to God.*

Hear the Gospel of our Lord Jesus Christ according to Luke (10.38-42)

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, 'Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me.' But the Lord answered her, 'Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her.'

This is the gospel of the Lord. *Praise to you, O Christ.*

Post Communion Prayer

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. **Amen.**

NOTICES



Growing Leaders Course: Would you like to do the Growing Leaders course? Please speak to Rachel or John.

Summer Fayre: Many thanks to all who helped at, came to or otherwise contributed to this very successful event. We raised a net £710 after expenses.

Charitable Giving Update from Lucy: Following my request for nominations from the congregation for our charity giving for 2022 I have selected National Coastwatch Felixstowe, Headway Suffolk (Brainy Dogs), Marie Curie Cancer Care, Shelter Box, Talitha Koum and Tools with a Mission to each receive £200 from PCC funds.



Thank You: to everyone who made the fayre such a success, and who helped out with the various BBQs we've had—you're all amazing!

Good Things Café: every Thursday between 11am and 2pm in Church.

